

OAA, Title VI, Part C – Caregiver Support Examples

Services are available for two types of unpaid caregivers: 1) unpaid, informal provider of care to a frail older individual or to an individual with Alzheimer's disease or a related disorder, or 2) an older relative caregiver (age 55 or older and lives with/primary caregiver for a child or an individual with a disability).

Information

- Staff time to answer caregiver calls and referrals
- Completing a caregiver intake
- Sharing information about an illness and/or diagnosis
- Mailing/Newsletters/Brochures for self-care, services available in the community, etc.
- Referrals to support group, training, legal needs, resources, respite, etc.

Assistance

- Application assistance for Medicaid, SNAP, Housing, LIHEAP, tribally funded resources, etc.
- Accompanying with a caregiver to get access to services

Caregiver Training

- Self-care while caregiving Training
- Financial literacy training
- Disaster preparedness training
- Training and resources related to a specific chronic illness
- Skill development for caregiver assistance: medical treatments (i.e., catheter care, feeding tubes, insulin, medications), transfers, bathing, cooking, etc.
- Evidence Based Caregiver Education (Savvy Caregiver, REACH, etc.)
- Nutrition Education and cooking demonstrations

Support Groups

- Support groups for people caring for a person living with dementia
- Grandparents raising grandchildren
- Support groups for working caregivers
- People caring for a loved one receiving end of life services or recently passed
- Older relative caregivers impacted by the opioid crisis and/or substance abuse

Individual Counseling

- Counseling support for communication
- Counseling support for balancing responsibilities

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Respite

Temporary relief for the caregiver in the form of:

- Vouchers for them to purchase respite services,
- Adult day programs,
- Summer camps,
- In-home services (could then get into light cleaning, meal prep, bathing, yard work...)
- Shopping assistance

Supplemental Services

*(*reported as 'Lending Closet' and 'Other' in current PPR)*

- Lending Closet supplies and management
- Translation Services
- Legal Assistance
- School supplies for older relative caregivers
- Incontinence supplies
- Nutritional supplements (Boost, Ensure, etc.)
- Home modifications
- Life Alert/Response Units
- Transportation
- Cleaning supply kits
- Disaster Preparedness kits
- Medication management equipment
- Temporary Food Delivery